

## Dr. Monalisha Sahu, MD

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### EDUCATION:

#### Doctor of Medicine (MD)

Department of Community Medicine, **Lady Harding Medical College & Associated Hospitals**, Delhi University, New Delhi.

#### Bachelor of Medicine & Bachelor Surgery (MBBS)

**Rajendra Institute of Medical Sciences (RIMS)**, Ranchi University, Ranchi, Jharkhand. Passed in first class with distinction.

#### Intermediate (CBSE)

DAV Public School, Hehal, Ranchi, Jharkhand. Passed in first class with distinction.

#### Matriculation (CBSE)

Jawahar Navodaya Vidyalaya, BIT Mesra, Ranchi. Passed in first class with distinction (School Topper).

Dr Sahu is currently working as **Assistant Professor, Public Health, Department of Health Promotion & Education at All India Institute of Hygiene & Public Health** under *Ministry of Health and Family Welfare, Government of India*. She is currently involved in teaching training and research activities for Medical Postgraduates for courses like MD (Community Medicine), MPH (Epidemiology), PGDPHM, DPH as well as Paramedical and Allied Sciences courses like DHPE and MVPH.

Her areas of Special interest lies in *Health Promotion and Education, Maternal and Child health nutrition, Occupational Health, Disaster management, Climate Change, Genetic Epidemiology and Infectious Diseases*.

She has been nominated as **National Expert** for implementation of research project on MIYCN in collaboration with IAP & FOGSI and core committee member for IAPSM, MIYCN.

She has also been nominated as an expert for Regional Consultation Workshop for Health Adaptation and Resilience: Advancing Strategic Knowledge and Capabilities by NIDM in Collaboration with World Health Organization.

She is **Master Trainer** for Disaster Preparedness under CB-PHEM, MAA Program, Operational Research and Research Methodology Training for medical graduates in collaboration with NIHF

She has also been **invited as resource person/guest faculty** at various organization of repute the recent ones are:

- Disaster Risk Reduction and Disaster Management Preparedness' at ICMR, NICED,

Kolkata.

- ‘Physical Health Hazards and its Prevention’ at ICMR, ROHCE, Kolkata.
- ‘Prevention from hazardous effect of toxic Metals like Uranium, Copper, Phosphorus’ at ICMR,ROHCE, Kolkata.
- ‘Health and Hygiene’ as Guest speaker for Observance of Swachhta Diwas and preparation of Swachhta Action Plan by the O/o the Official Liquidator, High Court, Ministry Of Corporate Affairs, Kolkata
- ‘Mothers Absolute Affection Program’ for 3 days MAA ToT program organized by Department of Maternal and Child Health, AIIH&PH, Kolkata
- ‘Health effects of Furnitures at work place- Slip Trip & Fall’ for Office Ergonomics program organized by Department of Maternal and Child Health, AIIH&PH, Kolkata
- ‘Biological Hazards at Work Place’ at 3 day Foundation course organized by Department of Maternal and Child Health, AIIH&PH, Kolkata
- ‘Activation of Incident Command System” at 12 days Disaster Management workshop organized by Dept of PSM AIIH&PH Kolkata.
- Invited as Guest and Judge for celebrations of World Breastfeeding Program 2019 at ESI Medical College, Joka.

She is also serving as.

- Reviewer/Referee for:
  - Indian Journal of Public Health
  - Indian Pediatrics
  - Journal of Obstetrics and Gynecology - Taylor & Francis
  - Journal of Comprehensive Health
  - Indian Journal Community Health
- Editorial Board Member for Acta Scientifica Nutrition

#### **Previous Positions:**

- Assistant Professor Occupational Health | ESI Medical College &Hospital | Feb 2019 to September 2019-Here is has played crucial role in developing Foundation course in Occupational health and safety for Medical graduates.
- Assistant Professor Community Medicine | ESI Medical College &Hospital | April 2018 to January 2019
  - Served as Academic In-Charge for Undergraduate Medical Teaching Training activities.
  - RNTCP Coordinator for the institute
  - RHTC In-charge for the institute.
- State Program Officer JHPIEGO Jharkhand team for Advance Family Planning Program |

April 2018 to January 2019

- Lead CSR project with Aditya Birla Groups
- Carried out SMART Facilitation for AFP at several districts
- Conducted research activities in collaboration with JHPIEGO Baltimore team
- Senior Resident Community Medicine | University College of Medical Sciences, Delhi | Sept 2014 to September 2018
  - Contributed in establishing new Cold Chain Unit for the Institute.
  - Served as Resident In-Charge for RHTC Narela.
  - Conducted several research project as PI on
    - Cost burden of Tuberculosis
    - Adverse effects of Pentavalent Vaccine
    - Contraceptive usage in Rural women
    - Job burnout in Interns
    - Anti-rabies prophylaxis in pediatric patients
  - Facilitated Undergraduate and Post graduate research projects.
  - She has completed clinical competency courses for Diabetes and Hypertension in collaboration with PHFI
- Junior Resident Community Medicine | Lady Hardinge Medical College and Hospitals, Delhi | May 2011 to May 2014
  - MD dissertation on '*Epidemiology of Iron deficiency anaemia in adolescents and its socio demographic, environmental and nutritional correlates*' has won her applause from renowned researchers in the field.
  - Winner of the *Annual Inter College Postgraduate Community Medicine Quiz Competition held at NZLAPSMCON (a conference on social and preventive medicine), Shimla in 2013.*
  - Presented papers in many international, national and regional conferences, where her research papers have also been selected for the slot of best papers. She has *won the best paper award* for her research presentation on
    - *Iron deficiency anaemia among adolescent girls in peri-urban Mehrauli.*
    - *Determinants in delay of antirabies vaccination* &
    - *Process analysis of Sabiyas as Family Planning Counsellors in India.*
  - One of her oral presentations, at a national conference, on 'Comparing India's National rural health mission with Brazil's Family Health Programme (Systema Unica De Saude)' was insightful and well-received by the audience.

*Few of her recent publications are as follows:*

Serial No.	Journal Name	Indexing	Title & Citations	Authorship
1.	Journal of Women's Health PMID: 29634388	PubMed PubMed Central SCOPUS, EBSCO, DOAJ, Index Copernicus, Google Scholar, Hinari, Infotrieve, National Science Library, ProQuest, TdNet, CNKI	A Process Evaluation on Exploring the Modular Task-Sharing Intervention of Frontline Social Health Activists 'Sahiya' for Improving Women's Health Through Family Planning Counselling Services in Jharkhand, India  Sahu M, Lalchandani K, Singh D. A Process Evaluation on Exploring the Modular Task-Sharing Intervention of Frontline Social Health Activists 'Sahiya' for Improving Women's Health Through Family Planning Counselling Services in Jharkhand, India. <a href="#">J Womens Health (Larchmt)</a> . 2018 Apr;27(4):1-17.	1 <sup>st</sup> & Corresponding author
2.	Nigerian Medical Journal (PMID:31543562 PMCID:PMC6737799)	PubMed Centra, EBSCO Baidu Scholar, CNKI (China National Knowledge Infrastructure), Publishing's Electronic Databases, Ex Libris – Primo Central, Google Scholar, Hinari, Infotrieve, National Science Library, ProQuest, TdNet, African Index Medicus, Wanfang Data	Knowledge and parity: Perspectives of usage of emergency contraceptive pills among women of a rural area of Delhi. Nigerian Medical Journal 2019;60:117-21  Sahu M, Chhabra P, Gautam V. Knowledge and parity: Perspectives of usage of emergency contraceptive pills among women of a rural area of Delhi. Nigerian Medical Journal 2019;60:117-21	1 <sup>st</sup> & Corresponding author
3.	Indian Journal of Community Medicine	Pubmed Central Scimago , SCOPUS, EBSCO, DOAJ, Index Copernicus, Google Scholar, Hinari, Infotrieve, National Science Library, ProQuest, TdNet, CNKI	Temporal analysis of infant and child health indicators from health management and information system of a vulnerable district of India: Tracking the road toward the Sustainable Development Goal-3.  Dutt R, Sahu M. Temporal analysis of infant and child health indicators from health management and information system of a vulnerable district of India: Tracking the road toward the Sustainable Development Goal-3. Indian Journal of Community Med 2019;44:397-8	2 <sup>nd</sup> & Corresponding author
4.	Indian Journal of Community Medicine  PMID: <a href="#">27385869</a> PMCID: PMC4919929	Pubmed Central Scimago , SCOPUS, EBSCO, DOAJ, Index Copernicus, Google Scholar, Hinari, Infotrieve, National Science Library, ProQuest, TdNet, CNKI	Twin studies: A unique epidemiological tool.  Sahu M, Prasuna JG. Twin studies: A unique epidemiological tool. Indian J Community Med. 2016;41:177-82.	1 <sup>st</sup> & Corresponding author

5.	Journal of Clinical and Diagnostic Research PMID: 28892939 PMCID PMC5579766	PubMed Central, Index Copernicus DOAJ, EBSCO, Embase & Embiology Google Scholar, HINARI, ISA Open J-Gate, SCOPUS,	A rare case of Marcus Gunn Jaw winking phenomenon in community health setting.  Sahu M. A rare case of Marcus Gunn Jaw winking phenomenon in community health setting. Journal of Clinical Diagnostic Research.2016;41:177-82.	1 <sup>st</sup> & Corresponding author
6.	Indian Journal of Community Health	EBSCO, EMBSAE Scimago, Thomson Reuters, Index Copernicus, Google Scholar, Hinari, IndMedica; SCOPUS	Magnitude and severity of anemia, its clinico-pathological types and the burden of iron deficiency in adolescent boys: Is weekly iron supplementation a step in the right direction?  Sahu M, Das R, Nangia A. Magnitude and severity of anemia, its clinico-pathological types and the burden of iron deficiency in adolescent boys: Is weekly iron supplementation a step in the right direction. Indian J Comm Health. 2014;26, Suppl S2:326-332	1 <sup>st</sup> & Corresponding author
7.	Indian Journal of Public Health Research & Development	EMBASE Scopus EBSCO Index Copernicus	Gender preference and awareness on sex determination among married woman.  Sahu M. Gender preference and awareness on sex determination among married woman. Journal of Public Health Research & Development.2015;6(4):238-42.	1 <sup>st</sup> & Corresponding author
8	Indian Journal of Preventive and Social Medicine.	EMBASE Scopus EBSCO Index Copernicus	Prevalence of Anemia and It's epidemiological correlates among Adolescent girls of Peri-urban Delhi'	1 <sup>st</sup> & Corresponding author
9	International Journal of Recent Research in Life Sciences	Google Scholar, CNKI Scholar, EBSCO Discovery,	Sahu M, Dhamnetiya D. Ebola Virus Disease: An Emerging Global Public Health Concern'.International Journal of Recent Research in Life Sciences.	1 <sup>st</sup> & Corresponding author
10	Indian Journal of Public Health Research & Development	EMBASE Scopus EBSCO Index Copernicus	Laboratory Diagnosis of Tuberculosis in India: Challenges and Opportunities  Dhamnetiya D, Sahu M. Laboratory Diagnosis of Tuberculosis in India: Challenges and Opportunities. Indian Journal of Public Health Research & Development.2015;6(4):246-49.	2 <sup>nd</sup> author
11	International Journal of Contemporary Medicine	Google Scholar, CNKI Scholar, EBSCO Discovery, Summon(ProQuest), Indian Science, Cite Factor, DRJI, ISRA-JIF and Scholar Steer	Malaria Control in India: Strategies, Progress and Challenges.  Dhamnetiya D, Sahu M. Malaria Control in India: Strategies, Progress and Challenges. International Journal of Contemporary Medicine. 2015;3(1):14-6.	2 <sup>nd</sup> author

12	International Journal Of Scientific Research	Index Copernicus Scribd Google Scholar	Assessment Of Health Related Quality Of Life In Cancer Patients Undergoing Treatment At A Tertiary Care Hospital In Delhi  Upadhyay M, Sahu M, Sundaram, Preeti. Assessment of Health Related Quality of Life in Cancer Patients. International Journal Of Scientific Research. Aug 2017; 6(8):	2 <sup>nd</sup> author
13	Indian Journal of Public Health Research & Development	EMBASE Scopus EBSCO Index Copernicus	Open Defecation: A Menace to Health and Dignity.  Cherian V, Sahu M. Open Defecation:A Menace to Health and Dignity. Indian Journal of Public Health Research & Development 2016;7(4):85-7.	Corresponding & 2 <sup>nd</sup> author
14	International Journal of Pharmacy and Biomedical Research. (To be published soon)	EMBASE Scopus EBSCO Index Copernicus	Marburg Virus disease – Burgeoning in the Den of West Africa'  Dhamnetiya D, Sahu M. Marburg Virus disease – Burgeoning in the Den of West Africa. International Journal of Pharmacy and Biomedical Research.	Corresponding & 2 <sup>nd</sup> author
16	British Journal of Pharmaceuticals and Medical Research (To be published soon)	Pubmed, SCOPUS, EBSCO, DOAJ, Index Copernicus, Google Scholar, Hinari, Infotrieve, National Science Library,	Quality of Life in Elderly Women and the factors affecting it in A resettlement Colony of East Delhi.  Saini NK, Sahu M, Yadav K, Gupta U	Corresponding & 2 <sup>nd</sup> author